## Holidays and Holy Days - Fall 2019

## Week 6: Church Practices

## - Holidays and Holy Days

- Part 1: OT Feasts and Holy Days (weeks 1-4 ... handouts for 1-3)
- Part 2: NT Fulfillment (week 5)
- Part 3: Church Practice (Week 6 - TODAY)
- Part 4: Advent, Christmas, Epiphany (week 7-9 - Dec. 1,15,22)
- Spiritual Life Cycles
- Daily ~ Morning and Evening
- Weekly ~ Work and Rest
- Yearly ~ Feasts
- 7 / 50 years ~ Sabbatical / Jubilee

- In General, How does Christ Fulfill the OT Feasts and Holy Days?
- Feasts and Holy Days are a Shadow of Reality, of Christ (Heb. 10:1-4)
- Specific Fulfillment of Details
- Fulfillment of Signs, Types and Patterns
- Early Church - Weekly Cycle
- Moving from Sabbath to Lord's Day
- Celebrating the Eucharist (Lord's Supper)


## - Reformation / Puritan - Weekly Cycle

- Sabbatarian Practice of the Lord's Day
- Changes to the Eucharist (Lord's Supper)
- Transubstantiation vs. Remembrance
- Question of Participants, Frequency and "Fencing the Table"


## - Liturgical Year - Cycle of Yearly Christian Holidays

- Key Events in Life of Christ - (OT Preparation / Anticipation of Coming), Birth, Baptism, Transfiguration, Holy Week, Death, Resurrection, Ascension, Sending Holy Spirt, (Church era), Second Coming
- Seasons of Fasting and Feasting, Repentance and Faith - Advent, Christmas, Epiphany, Lent, Easter, Pentecost, Ordinary Time
- Note on other "Feast Days" - All Hallows Eve / All Saints Day, Day of the Dead / All Souls Days (Treasury of Merit), Feasts for martyrs and saints ... Reformation Day ...




## - Modern Day Christian Understanding and Practice of Church Seasons

- Advent ~ Preparation for Coming of Christ
- Ancient Practice - time for converts to Christianity to prepare for baptism
- Middle Ages - started Nov. 11, pre-Christmas lent time for prayer and fasting, preparation for the second coming
- Modern - First Sunday after Nov. 30 including 4 Sundays, ending on Christmas Eve, celebration of nativity as well as looking forward to second coming
- Advent wreath (evergreens, 3 purple candles of royalty - Prophet/hope, Bethlehem/faith, Angels/peace, 1 pink candle - Shepherds/joy, 1 white in center as Christ candle ... or 4 blue for night sky before daylight returns ... growing light as get closer to Christmas)
- Advent Calendar / Joshua Tree
- Christmas ~ Celebration of Christ's Birth
- Celebration of nativity - Dec. 25 (date fixed in $4^{\text {th }}$ century ... Winter Solstice)
- Christmastide -12 -day feast - ends on $12^{\text {th }}$ night
- Reformation / Puritans - Christmas Catholic / Secular and not celebrated
- Local History - Moravians in Bethlehem first US Christmas tree/ Nativity


## - Epiphany ~ Coming of Magi / Revelation to the Gentiles

- January 6 (or in some churches $1^{\text {st }}$ Sunday after Jan. 1)
- Early Church - Day of Jesus's Baptism
- Middle Ages / Today - Day the Magi Visit Jesus / Revelation to the Gentiles
- Beginning of Epiphanytide - from Epiphany until Feast of Presentations / Candlemas on Feb 2 (thus making Christmas + Epiphany 40 days) alternately until day before Ash Wednesday (celebration of the Transfiguration)


## - Lent ~ Fast of Preparation for Easter

- From Ash Wednesday to Holy Saturday (Easter Eve) ... Note: day before has become celebration - Mardi Gras, Carnival, Fat Tuesday, Fasnacht Day ...
- 40-days, representing the 40-days of Christ's temptation in the wilderness (note: 40 days does not include the Sundays, there is still sabbath in lent!)
- Traditionally time for prayer, fasting, penance, mortifying the flesh, repentance of sins, almsgiving, and denial of ego
- Three traditional practices to be taken up with renewed vigor during Lent are prayer (justice towards God), fasting (justice towards self), and almsgiving (justice towards neighbors).
- Solemn, Holy time of grief and mourning ... some traditions omit "Gloria Deo" and "Alleluia" from services during lent, veil sacred objects


## - Holy Week ~ Crucifixion, Suffering of Christ

- Last week before Christ's death - Palm Sunday to Easter Eve ...
- Triduum - Maundy Thursday ... Good Friday ... Holy Saturday ... Easter
- Maundy Thursday - Last Supper, Washing of Feet (link to Passover)
- Good Friday - Passion and Crucifixion of Jesus (traditionally no Eucharist in mass, cross and images veiled) - extinguish lights
- Holy Saturday - Jesus in the Tomb / descent to hell - traditional service after nightfall and before sunrise, lights restored, bells rung in anticipation of Easter morning
- Easter ~ Feast of Celebration of Christ's Resurrection, Victory
- First Sunday after the first full moon on or after 21 March (spring solstice)
- Easter Vigil - after midnight Sat ... Easter Sunrise Service - dawn Easter Sunday
- Easter Sunday also starts Season of Easter which last 7 weeks +1 day ~50 days, until Pentecost. (alt. Easter as 40 days to ascension, Pentecost as 10)
- Pentecost ~ Coming of the Holy Spirit, Church and Mission
- Whitsunday - 50 days after Easter - same date as Jewish feast of Weeks
- Often time for baptism (ancient church baptize on Easter and Pentecost)
- Ordinary Time ~ Time between Easter and Lent
- Some add "Kingdomtide" 4 weeks before advent ~ Season of the End Times

